## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)											1				
Name and Address of Reporting Person <sup>*</sup> Lampert Darren					2. Issuer Name <b>and</b> Ticker or Trading Symbol GrowGeneration Corp. [GRWG]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last) (First) (Middle) 24 ORCHARD DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 02/06/2020							X Officer (give title below) Other (specify below)  CEO					
(Street) ARMONK, NY 10504				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year	Exec any	2	ĺ	if Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Following (s)	Ownership of Form:	Beneficial		
				(Mor	nth/Day/Y	(ear)	Co	de	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)			\ /	Ownership (Instr. 4)
Common	Stock		02/06/2020				5	S		36,000 (1)		\$ 5.1482	1,069,3	32		)	
Common Stock		02/07/2020				S		16,00		D \$ 5.522		3 1,053,332			)		
Reminder:	Report on a s	separate line f	or each class of sec	- Deriv	rative Sec	curit	ies Ac	equire	Person the	sons whatained in form dis	o resp n this f splays	form ar a curre eneficia	e not requently valid	OMB con	ormation spond unles trol number	s	1474 (9-02)
1. Title of	2	3. Transactio	on 3A. Deeme		puts, call	ls, w	arran 5.	ts, op					itle and	8. Price of	9. Number o	10.	11. Natu
Derivative Security (Instr. 3)		Date (Month/Day	Execution Da ay/Year) any	Date, if	te, if Transaction Code Year) (Instr. 8)				(Month/Day/Year)		Am Und Sec	ount of derlying urities str. 3 and		Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersh Form of Derivativ Security Direct (I or Indire	of Indire Benefici Ownersh (Instr. 4)	
													Amount				

### **Reporting Owners**

B 41 0 Y 4	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Lampert Darren 24 ORCHARD DRIVE ARMONK, NY 10504	X		CEO		

#### **Signatures**

/s/ Darren Lampert	02/07/2020			
**Signature of Reporting Person	Date			

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All sales were made pursuant to a Rule 10b5 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.