## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	pe Response	s)															
1. Name and Address of Reporting Person * LAMIRATO MONTY R				2. Issuer Name and Ticker or Trading Symbol GrowGeneration Corp. [GRWG]							mbol	Dir	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 7017 ORION LANE				3. Date of Earliest Transaction (Month/Day/Year) 08/21/2020							X_Of	ficer (give title be Chi	ef Financial (	Other (specify Officer	pelow)		
(Street)				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Form	6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
ARVADA, CO 80007 (City) (State) (Zip)				Table I - Non-Derivative Securities Acou							Securitie		rired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any		te, if	3. Transa Code (Instr. 8)		4. Securities Acc (A) or Disposed		quired of (D	d 5. Amo Benefi Report	ount of Securiteially Owned and Transaction	nt of Securities ally Owned Following Transaction(s)		7. Nature of Indirect Beneficial	
				(Mont	nth/Day/Year)		ode	V	Amoun	(A) or (D)	Pric	,	3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		08/21/2020				5	S		13,500		\$ 16.7	94,54	1		D	
			Table II -					quire	the f d, Di	orm dis	splays a of, or Be	nefic	rently val	quired to re id OMB con	•		
Derivative Security (Instr. 3)	Title of Derivative Conversion Of Exercise (Month/Day/Year) any		3A. Deemed Execution Da	ate, if	4. 5. Transaction Code (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ative ities ired rosed ) . 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)  Compared to the control of the control			Title and mount of nderlying ecurities nstr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Security Direct ( or Indir	Beneficial Ownershij (Instr. 4)		
					Code	V	(A)	(D)					Shares				

#### **Reporting Owners**

D (1 0 N /	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LAMIRATO MONTY R 7017 ORION LANE ARVADA, CO 80007			Chief Financial Officer					

### **Signatures**

/s/ Monty R Lamirato	08/24/2020
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sale of shares in the open market on 8/21/2020

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.