FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations may
continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Stiefel Sean	2. Issuer Name and GrowGeneration			0 5		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
28 REICHERT CIRCLE		3. Date of Earliest Transaction (Month/Day/Year) 04/15/2021						Officer (give title below)O	ther (specify bel	ow)
(Street) WESTPORT, CT 06880		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if any	(Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) (or Indirect ((I) (Instr. 4)	Ownership (Instr. 4)
Common Stock	04/15/2021		Х		166,667 (<u>1)</u>	А	\$ 0.35	394,213	I	See Footnotes (1) (3)
Common Stock	04/15/2021		Х		112,903 (<u>1</u>)	А	\$ 3.5	507,116	I	See Footnotes (1) (2) (3)
Common Stock	04/15/2021		S ⁽²⁾		8,305 (2)	D	\$ 47.58	498,811	I	See Footnotes (1) (2) (3)
Common Stock	04/15/2021		J		0 <u>(3)</u>	A (3)	\$ 0	111,252	D (3)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of				4.				6. Date Exercisable and					9. Number of		11. Nature
Derivative	Conversion	Date	Execution Date, if	Transac	tion	Derivative		Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)		Code		Sec	urities	(Month/Day/Year)		Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acc	uired (A)			(Instr. 3 and 4)		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					or I	Disposed of						Owned	Security:	(Instr. 4)
	Security					(D)	-						Following	Direct (D)	
	-						tr. 3, 4,						Reported	or Indirect	
						and						Transaction(s)	(I)		
											Amount		(Instr. 4)	(Instr. 4)	
								Date	Expiration		or				
								Exercisable	Date	Title	Number				
				Code	V	(A)	(D)				of Shares				
Warrant	\$ 0.35	04/15/2021		х			166,667	05/09/2018	05/09/2021	Common Stock	166,667	\$ 0	0	Ι	See Footnote
Warrant	\$ 3.5	04/15/2021		Х			112,903	06/04/2019	06/04/2022	Common Stock	112,903	\$ 0	0	Ι	See Footnote (1)

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Stiefel Sean 28 REICHERT CIRCLE WESTPORT, CT 06880	Х						

Signatures

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Sean Stiefel (the "Reporting Person") is a manager and Chief Executive Officer of Navy Capital Green Management, LLC ("NCG") and a manager of Navy Capital Green Management Partners, LLC ("NCGMP"). NCGMP is the general partner of Navy Capital Green Fund, LP (the "Fund"). NCG is the investment manager of the Fund. This Form 4 is being filed by the
(1) Reporting Person as a result of (i) cash exercise by the Fund of warrants to purchase shares of Common Stock, and (ii) cashless exercise by the Fund of warrants to purchase shares of Common Stock, and (iii) cashless exercise of the warrants to purchase shares of Common Stock held by the Fund directly after giving effect to the exercise of the warrants requiring the filing of this statement.

(2) On April 15, 2021, the Fund exercised a warrant to purchase 112,903 shares of Issuer's common stock for \$3.50 a share. The Fund paid the exercise price on a cashless basis, resulting in the Issuer's withholding of 8,305 of the warrant shares to pay the exercise price and issuing to the Fund the remaining 104,598 shares.

(3) Following the warrant exercises by the Fund of warrants owned to purchase shares of Common Stock of the Issuer, the Reporting Person indirectly owns a total of 498,811 shares of Common Stock held by the Fund, and directly owns 111,252 shares of Common Stock.

Remarks:

The number of derivative securities owned after the transactions reported in column 9 of Table II above includes only warrants.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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