FORM	4
------	---

Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Perponses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		-								
1. Name and Address of Repo Lampert Darren	2. Issuer Name GrowGenerat			0,	nbol	5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last) (Fin 24 ORCHARD DRIVE	st) (Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/07/2021						X Officer (give title below) Other (specify below) CEO		
^{(Stre} ARMONK, NY 10504					l Filed(Month	/Day/Ye	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (Sta	te) (Zip)	1	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)3.4. Securities Acquired or Disposed of (D) (Instr. 3, 4 and 5)		D)	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) Ownership Form: Direct (D)		7. Nature of Indirect Beneficial Ownership				
			Code	v	Amount	(A) or (D)	Price		or Indirect (Instr. 4) (I) (Instr. 4)	
Common Stock	06/07/2021		S		100,308	D	\$ 43.5914	1,176,362	D	
Common Stock	06/08/2021		S		85,937	D	\$ 44.5248	1,090,425	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information

SEC 1474 (9-02)

contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	4	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	on 1	Numb	ber	and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	(of		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)]	Deriv	ative			Securities (Instr. 5)		Beneficially	Derivative	Ownership	
	Derivative					Secur				(Instr	. 3 and			Security:	(Instr. 4)
	Security				1	Acqui	red			4)			U	Direct (D)	
						(A) 01							1	or Indirect	
						Dispo							Transaction(s)	× /	
						of (D)							(Instr. 4)	(Instr. 4)	
						(Instr.									
					4	4, and	5)								
											Amount				
								Data	Emination		or				
								Date Exercisable	Expiration	Title	Number				
								Excicisable	Date		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Lampert Darren 24 ORCHARD DRIVE ARMONK, NY 10504	Х		CEO				

Signatures

/s/ Darren Lampert	06/09/2021	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.